

Part One

Closing 2023 and preparing for the Opportunities of 2024

Crafting and Holding your Resonance of Power

This year, I have learned how to distinguish the personal and the collective and it has been a huge shift in consciousness for me. It was tough, but I am transforming into a greater and more empowered being, healing and expanding my self-awareness.

But this is not just an isolated experience that I have been having. Through the channelings with Galexis and my own spiritual path work this year of 2023, I have heard about tremendous transformations by many spiritually inclined people, with huge openings into greater access to the Unconscious Mind – peoples' personal Unconscious Minds as well as the Collective's Unconscious Mind.

I have also noticed how many people have been hit with difficult health crises, and several who have surprisingly died as well. And then there are those who have manifested their dreams and are living them. All in all, 2023 was an intense change year for so many.

With all of this, I felt an urgency to see where I was going, to dream a new future for myself and hopefully something I could also offer the world. My own "seeing" challenge turned into a diagnosis of macular degeneration, which normally results in blindness after a few years. So "seeing" clearly is important, but also "seeing" within and seeing the future is also vital for me at this time. With all the changes going on in the Collective and the accessibility of the Collective Nightmare Track at this time, seeing the future can be lifesaving and life affirming for you too!

Many Futures are getting chosen right now. Possible futures never before imagined or entertained by people are showing up, journeying alongside their main Probable Future Track. These futures are not springing forth from you and me, but from beyond us.

Where are these futures coming from? At first, I imagined the collective mind. After all, there is everything under the sun there. But most of these alternate tracks are positive, so they can be an invitation to expand into a greater scope of consciousness, of imagination, of choice. I can see that it's part of a greater choice that you and I have made, before we came into this current body, to be here on the planet now and witness the Great Change. And so our Higher Selves are offering to us the pieces we want to move ourselves personally and our world collectively towards.

So, I've come to think, and Galexis has agreed with this, that these new potential futures are coming from – tadaa – the Dream Future! Perhaps we have already dreamed it up in some way before we came here. Maybe it's a possible future that is out there waiting for us to catch up with its high frequency and resonance. Could it be a future that offers a lifeline to grab onto to pull us out of the collective Nightmare and

collective Mediocre Futures so that we can move with greater speed and elegance towards a Dream Future? I feel so.

Many have taken this offer, and find themselves here at the end of the year looking at multiple options and asking “where do I go from here?” But this year end is not a stopping point or a place to pause and reflect. The energies are moving with greater speed of unfoldment and there are still many alternative futures due to show up in 2024. They are coming “fast and furious” now and will continue the acceleration, kicked off as it is by the Solar Wind and Storms of the Sun. You can also see the themes reflected in the astrological progressions of Pluto, planet of transformation, moving into Aquarius, sign of the New Age.

New futures will emerge as millions of people wake up to the collective propaganda and manipulations from the “top dogs” and realize that the institutions we have trusted for so long have outlived their usefulness and have become corrupt. Government, industries, politicians, media, and even the educational system need to be dismantled and rebuilt from the ground up – or the “grass roots” up. And these new futures will hold the vision of a culture learning to respect all life on the planet, negotiating peace, and ending the economies of war that are destroying cultures, lives, and vital resources. When will it all stop?

Dark Chaos and Light Chaos

These many circumstances can overwhelm an empath, and earlier this year I definitely got overloaded and had to crash and burn a while! But you see, we are in a phase of destruction, necessary according to the mythology of the people, in order that a New World, a Golden Age can be born. This is what Galexis terms the “Dark Chaos” where structures are falling apart or being torn down, institutions failing, and what was once solid is now cracking. These pieces of the Old World need to be released, because the “Light Chaos” or the building of the New World has already begun this year. The old and the new are overlapping and this can create a lot of confusion, distraction, anxiety, and even panic.

Galexis noticed that many people are in pieces, many good pieces to be sure, lots of possibilities percolating. As humans, we strive for a sense of direction, a feeling of making progress, and a clarity about the future. But with all the input from multiple dimensions and levels, we have to integrate what we’ve gotten so far, so we can ground ourselves and find our center.

Once in center and only then, can we know our true motivation, who we are, and what correct choices to make for ourselves. This can apply to spiritual path choices all the way down to the most mundane choices as to where to earn the next dollar.

And once we integrate what we have and know where we are now, we must not stop there, Galexis says. Grab ahold of the Light Chaos, the pieces of possibility and potentiality, of power, love, freedom, and support from our Team. Grab onto the new

creativity, the ideas, and redream your old dreams into new dreams. They may resemble the old ones but are fresh and vibrantly higher. As we release the pieces of the Old World that we don't want, we can put together the pieces of the New World that we do want!

This may take some internal awareness in quiet as you go within and review your old dreams, let them go, and then dream anew. This is harder than it sounds, because you may be attached to these old dreams. However, what you are letting go is not the old dream per se but the old limited self you once were who dreamed it! That's why the new dreams will be filled with more love and light and fun than the old dreams and less of that survival-oriented security concern.

2023 saw tremendous changes in peoples' future tracks, especially since the Sirius Days, late July to mid-September, where we all got the opportunity to upgrade our consciousnesses. Since that time, our future tracks are more unclear and less formed. We are in a phase where we have much more power than normal to create a refreshingly new future for ourselves, but many of us can fall into confusion, puzzlement, worry, or even anxiety instead.

There are a lot of alternative tracks being given you now. They pose a dilemma. How to choose from them? And must one be aware of and look at all the tracks to evaluate them?

You may face a challenge or pressure to take sides, to get sucked up into political points of view and conflicts. If that happens, I suggest you see the March 2022 Galexis blog on "Releasing Obstacles to your Beautiful Future" that also shares how to do a healing programming for the world as well.

<https://www.galexisspirit.com/galexis-video-blog/>

This can be YOUR Year

So, this year is the year you commit yourself to living in your own personal New World as your Greater Self. If you can hold your resonance in a good space, you will be okay. Raise your vibration regularly so that your frequency keeps you in alignment with positive, healthy futures. Check out September 2022's blog on "Raising Your Vibration" if you'd like some ways to get there.

And if you still feel that the world's ills are getting you down, listen to the Galexis blog of April 2022, "How to Stay Upbeat No Matter What."

Integrate

Galexis emphasizes to first ground yourself and evaluate 2023. What did you discover about yourself? How do you feel about yourself? Did you fail? Win? Find what you were looking for this year? Who have you become since a year ago? Acknowledge

your new understandings and wisdom. Remind yourself that you are a spiritual being having a physical plane experience. You chose to come here at this time, and you are an emissary of Divine Consciousness waking up and stepping into your truth and walking your spiritual path.

Let this sink in, so that you integrate yourself. If you don't, you will get scattered to the winds in 2024! You went through a LOT of transformation in 2023. Recognize that.

Evaluate Your Relationship with your Future

Then next, evaluate your relationship with your Future. Most everyone has some kind of issue with the future. Those who want to feel in control will want to know what is going to happen so that they can prepare for it or forestall it. Those who want to know what they are "supposed" to be doing with their life also want details of careers, projects, missions, and destiny.

Since everyone creates their future and all the options available based on belief, intention, and yes, fear, Galexis can tell if someone is headed into the ditch or up to a pinnacle. Can you sense where you are going? What future can you allow? How expansive can your future be? Look at where you are now and project it, unchanging, into the future. This is your Probable Future Track. Is it a Mediocre Future Track? Do you want to upgrade it?

When given information about their probable future, they are then encouraged by Galexis to align with their greater and more positive Future Self. Then, they can expect their life to move in that direction.

Hopefully, a year ago you were connecting with your Future Self. If you were, then connect with your Future Self now. It's not the same Future Self, because the Future Self you worked with at the beginning of 2023 has grown into someone more luminous and joyous. Take that in, and expand your self-image to include the certainty and expectation that you are directly on track to that more beautiful Future Self and the world that she or he is living in.

If you haven't worked with your Future Self, then start now. Who is it you wish to be in a year, two years, or five years? What is he or she feeling? How does your Future Self live life? With joy or with overwork? Look at what would be the logical extension of where you are now, i.e. your Probable Future Track. Imagine it stretching out in front of you. Are you happy in the future that brings? Is it just more of the same old, same old?

What kind of life do you want – not the form of it, the having of things, but the level of vibrancy, life, and love you want. Imagine that fabulous Future You who is enjoying that life. Give yourself a mantra, or a formula for that Future Self. I'll give you mine; ***Alive and Well, Thriving and at Peace, Seeing Clearly Within and Without.***

I go further by defining the states of being that go with being alive. Lazaris gave us four keywords for Aliveness. They are Love, Trust, Positive Expectancy, and Enthusiasm. So that is included in my mantra. Well includes wellness, i.e. balance and harmony in the physical body as well as the emotional, mental, and spiritual bodies. Thriving means for me that I'm engaged in creating, imagining, connecting with others, sharing love and fun, and into a dream project of some sort. Peace has to do with calm, relaxation, and feeling safe and loved. Seeing Clearly within and without is about honoring my intuition and inner knowing, as well as healing my eyesight that has been reflecting my fears of the future, allowing it to see the future as something positive and intriguing, adventurous and fun.

Now you make up yours! And remember, we are dreaming for ourselves right now, but our dreams are part of the world's dream too! We are a remedy for the world and we're here to enjoy being that. Nothing to do and earn. It's all about being, and in our being, we are loved and loving, we are love. We are divine beings having a physical incarnation at a pivotal time on the planet. Yes, it's challenging but it's also an extraordinary positive challenge we chose. So, let's go for it!