



The November blog comes this month from Ginger Metraux, the channel, sharing Galexis' perspective on the major changes ahead. Galexis has been seeing and talking about these changes over the past few months in individual sessions and has referred to them in previous blog, as well as how to manage them individually.

The flow of evolution is speeding up!

At least that's how I have seen it while channeling Galexis over the past two or three months. People are making exceptionally high vibrational shifts and spiritual-emotional breakthroughs since the August "Dog Days" or the days when the star Sirius (the "Dog Star") rises with the Sun in the Northern Hemisphere. Galexis considers this period as the beginning of the "Siriun Year," that goes until the next July 23rd.

*(If you want to learn more about the Siriun Year and the evolutionary steps taken through the year, then check out what I wrote about it;
<https://greaterselfprocess.com/aboutthesiriunyear.html>)*

Personal shifts and expansions initiate every year during that period of the "double suns," starting around July 23rd and continuing into the powerful energy of the fall Equinox. This period then is when you can step up into your next level of consciousness. During this time, you receive energetic upgrades and downloads from your Spiritual Team on the other side which allow you the chance to see who you are becoming in the year ahead and to claim it as the divine being you are. Your level of receptivity can determine how aware you are of these upgrades and downloads and how well you can accept them.

This year, the people Galexis has spoken with since September are showing a greater, more impactful consciousness expansion than usual. This expansion is triggered by an awakening at more than one level as individuals are reassessing

their futures. They are asking the basic questions such as “Why am I here? What is my purpose? Where do I want to go from here? What calls me? Who and what am I living for?” **That is how big this expansion is!**

These are the basic 20 Soul Questions that Galexis shares in their video blog of December 2019. Go there and answer them for yourself for a deeper understanding of your Path.

As a result, people are making more significant choices than usual in their lives. And as they begin to move towards their chosen futures, they integrate this new level of consciousness into their lives and their daily perception of themselves. Predictably, once the integration has taken place, they are ready to face the challenge that Galexis calls “the Test.”

Now this is not really a test; it’s a challenge you always get when you arrive at a higher level. To remain at that higher level, you have to let go of limiting stuff you’ve been holding onto at the lower level. Otherwise, you’ll fall back into the lower level again. The “test” presents itself through negative mind-talk or a potential return to a familiar struggle or issue that you have felt victimized by in the past.

For more detail on “passing” the “test,” see Galexis’ free blog from July 2019.

Galexis always reminds us that when we get on a new level, we need to keep expanding our Self Image deliberately or else we may end up “failing” the test and thus shrink back into the lesser self we were before the expansion. And that fallback can convince us that we haven’t actually made the expansive leap we had hoped to make. Nothing could be further from the truth. This is just your subconscious mind requesting you to commit yourself to the higher resonance. One you do that and expand your resonance again; you are right back on your higher frequency track (and better future).

Future Tracks

In everyone’s private session, Galexis looks at their future track, also known as the “probable future” or most-likely future. This is what the person’s choices show as to where they are going. Since the fall equinox, it seems that everyone’s future

track is showing up with an enormous challenge ahead. But this is not necessarily a personal one. The world is going through this process of evolutionary upgrading too as a collective, and the challenges in the world are showing up in peoples' future tracks too. The world is also making bigger changes since the last Dog Days.

This is just like what you'd see on a graph. There's the timeline starting at the left and extending to the right being time from the present into the future. From that starting point on the left, you see a vertical line, and this shows the intensity of the energies and challenges. Until November came in, what Galexis had been seeing was a "mountain" or "wave" of intensity showing up in late January, peaking somewhere in February and continuing into the first half of April before turning downward to the baseline.

Seeing this, Galexis has shared that the best way to handle this mountain, whether it was personal or global, is to expand and upgrade peoples' future vision and choices. After all, in the Resonance Creation system, the higher your vibratory frequencies, the easier it will be to move through the mountain or wave, even if it's personal and not global. During times of angst and suffering, whether personal or global, a luminous future track can "pull" you through the time period more elegantly and magically.

Galexis commented to one woman on observing her passage in the "mountain" timing, that she had created a "valley" that went through the mountain that showed her to be free of the challenge and moving in Divine Flow. Divine Flow happens when you are connected and committed to that Light Future ahead, so it's important to stay plugged into a luminous future track!

Then Galexis saw that the latter part of April and May began to flow more easily again, with a sense of forward momentum. i.e., the mountain lowered down to baseline. At first, Galexis suspected that this buildup of weaponry and war talk as well as increasing surveillance and authoritarianism through various governments could bring about a Third World War crisis, bringing the world to the precipice of nuclear Armageddon. While this is a huge existential fear burden on humanity, it would also be accompanied by a very difficult economic crisis through the coldest of the winter weather in the northern hemisphere.

Galexis does not think the human race will destroy itself again (like in Atlantis), but SOME people will take the Nightmare path, the destruction path, believing in the worst of disasters and suffering pain, rage, and fear without hope. Fortunately, most will, one way or another, make it past the mountain into the smoother flowing valley beyond. **But it WILL be a world challenge, not easily or quickly overcome. There will be months or even years still shifting from this peak challenge just ahead.**

The question is, how hard will it be to witness and/or experience this “mountain” of crisis, of intensity, of dark challenge? You will see most people swept up into the intense limiting emotions as they struggle to make sense of things and work their way to survive through it. Those however, who are linked to their positive, luminous future will find it much easier to navigate the challenging time.

Futures are Changing

So Galexis has worked energetically with each person they spoke to to set up and ensure a peaceful valley through the mountain of chaos and challenge. This personal emphasis was reflected in the online Galexis blogs of September and October, in which they emphasized this future work being most important right now and discussed how to do that.

They have focused on the future in many of their blogs, all the way back to 2019. If you want to work on upgrading your probable future and creating a more luminous one, then you will find more on how to do that in past blogs. The titles will give you the obvious clues.

In the last week of October, as I was writing all of this up, things shifted. The future that appeared consistently in January and February as a mountain had “rolled” closer to us. Instead of a mountain of intensity and challenge starting in January, they saw that the energy of this intense challenge was coming in November with a peak in early to mid-December! It was as if the mountain no longer was a big impediment or challenge, but a wave rolling in our direction!

This means two things. First, Galexis says, it shows that evolution is speeding up. We will need to witness our national and international crises sooner, perhaps soon after the US’s November Midterm elections. But definitely, much dissent

and battle will be going on through the holiday season as well as worries over scarcities, fuel, and the supply chain. You will want to avoid the world's turmoil the best you can.

So now is the time to ramp up our vibrations, to plug into the luminous future. The sooner the better! The higher our resonance, the greater our expansion, the more beyond the collective turmoil we can lift. And we can start now.

Of course, even if we envision beautiful futures but we hold onto worries and frustrations and a sense of bleakness "out there," the best that will happen is that the good can cancel out the bad, so to speak. That would bring you the Mediocre Future and things would continue just the way they are now.

You must have a "net gain" of positive future imaging to move forward. If you can let go of your old limited identity, lifestyle comfort zone where you numb out or hide, and engagement in the drama of the world, then your future envisioning can bear fruit and perhaps you'll be able to get into the divine flow. If you are conscious enough, this flow can become what we call the Magical River and sweep you elegantly and happily into wonderful adventures and joys.

Two Futures

Galexis addresses both futures in an individual's session. They look at the world future as the person sees it and how it is affecting his or her life path. Then they check out the person's personal future track. Sometimes (and often now), there is no future track – it fades into a mist. This tells Galexis that the person has no idea what future they want or aren't even thinking about the future. If the person is depressed, this could indicate suicidal thoughts. But for most people, it's simply a lack of positive imagination. They WILL have a future, it just will be more of the same, i.e., a mediocre one.

Galexis recommends working with both futures, as what you do with your personal future affects your whole reality or world, and what you dream with the world can affect your personal life as well. With both futures, they suggest that you focus on and practice holding a high resonance, a high vibration, no matter what is out there in the world or what difficulties you are experiencing in your current challenges.

To that end, Galexis' free blog of September 2022 is all about getting your resonance up and holding it there.

Let's say that with the world future, you want to envisioning world peace, i.e., a peaceful resolution to the wars going on, especially in Ukraine. Put aside the inner naysayer that says all of this is impossible and you are being foolish in trying to imagine what the elite do. But remember, this is about vibration, not execution.

In successful negotiations, both sides are heard and have their say. Both sides are respected, considered, and understood. And then a win-win is worked out for the two parties. This win-win MUST include the preferences of the people who live in the territories, not just the leaders at the negotiation table. That would mean that all sides back down and we have détente. Remember détente?

If you'd rather Ukraine or any war be a win-lose situation, then you are going to be held back because a win-lose is the old paradigm where one side triumphs over the other and then dominates the other. How about a world where everyone does their thing while still speaking to and listening to others? How about a world where people can choose what culture, language, and education for their children that they want without interference? What would it feel like to live in such a world? I suggest that it feels safer than it does now, happier, more optimistic, and with more positive adventures, freedom, and opportunity.

Put aside your judgments over the two parties. You can't get to peace if you make one party evil and the other one good and refuse to negotiate. Commit yourself to doing no more demonizing. And you also need to drop all your assumptions about the motivations and intentions of the two sides, especially the leaders. Yes, you may despise Putin or even Biden and the American Empire. But instead, Galexis suggests that you hold a neutral place where peace prevails. The suffering Ukrainians can go home and start living their lives again. Imagine that!

Also in the world future are other wars potentially on the schedule. A war with China over Taiwan and as always, Iran. Does the fighting ever cease in Afghanistan? Then there are internal wars in politics. Will the results of all the races be accepted by the losing party? Considering who has won what and where, a reassessment is happening, along with preparations for the next session of

Congress in January. What will be the impact of this? How does it matter to you, if it does?

As with the negotiations earlier, drop all your assumptions and party identity if you have them, and enter the in-between. Where you are neither right nor left, neither Republican nor Democrat, step back and imagine the common interests of your nation, state, and community. How will it look when people are unified? Let yourself see that everyone, and I mean everyone, wants the same things. Feel what the political atmosphere would be like if people everywhere were happy and engaged with life, love, family, and passions – no more fighting and tribalism, but cooperation instead. Plus, everyone is unique and expressing their independent uniqueness. No one is being forced to carry the burdens of others. Imagine if this diversity were appreciated.

To reinforce this, you may want to listen to Galexis' blog of October 2022 as they discuss the In-Between and how you can dream more effectively from there.

Then dream your own personal luminous future. Engage with your Future Self and step into that Greater You, into your Purpose and Passion. And most of all at this time, remember “All is going according to plan and will turn out well.” Can you believe that? If you can, you will allow your Spiritual Team and your whole reality to support you through the thickest of difficulties or maybe help you avoid them magically altogether!

If you can connect with your Spiritual Team, you can feel less alone in your work, safer and more cared for, and allow for more receiving. Your Team consists of your Higher Self, Soul, Spirit, the Divine (God/Goddess/All That Is), Guardian Angel, Spiritual Teacher, nature spirits, counselors, and other special beings who love you.

With more connection to your Team, you will experience more safety/trust, which is one of the four foundational pillars of the New World You. Lean on your Team. It's your Spiritual Path to do so. Allow yourself to enjoy the synchronicities and magic your Team can give you so that you can be in the Divine Flow even when the rest of the world seems to be jumping off a cliff somewhere.

*For help in tapping into the Divine Flow, check out Galexis' seminar on the Flow as #3 of the **Magical Money Manifestation** seminars*

*(<https://www.galexisspirit.com/product/magical-money-manifestation-part-three/>),) as well as **Manifestation Made Easy** video seminar in the *Living a Magical Life* series (<https://www.galexisspirit.com/product/manifestation-made-easy-2/>.)*

The most important part of this future is to fully and completely and unconditionally love yourself!!! Love is the highest frequency, the highest consciousness and bathe your future, individually and collectively with LOVE. If you can only do one thing or envision one thing, aim for LOVE. And we don't mean co-dependent love, or just parent-child love, or even just romantic love. Allow yourself to tap into divine love, unconditional love.

Add to your love energy the zest of freedom, empowerment, and the safety/trust, and you'll have a full high resonance in the now. If you can imagine more of that in your future, you will be drawn into the River of Magic and coast towards that loving future.

P.S. As I finished writing out this blog, the waves of challenge continued to move earlier and early phases of it have already arrived, much like the hit of the first feeder bands preceding the arrival of a major tropical storm. So, if you are feeling stressed and psychically "overloaded," this footnote is for you.

Galexis says that you can diminish the effects of the harsh or dark energies going on in the world by making sure that your "net" energy flow goes out FROM you rather than coming INTO you. You can do that by expanding your heart energy and sending out love, light, and healing to the world.

You may hesitate to do this, especially if you feel tired or need a lot of energy for your own healing. But when sending love energy out, you will not be depleted. That's because Divine Love will replace it, and more. You will feel strong enough to make the positive choices for your soul and to take the right actions that this challenging time calls for.